

PRACTICAL 360° PARENTING: Success Skills & Play Therapy for All Age Groups

2pm Sat 14 Nov 2015

NUSS Guild House

SUNTEC TOWER 5 - Free Seating



\$25 each or \$39 for 2 to attend

RSVP by Wed 11 Nov 2015

Limited Seats - Email Registration FORM ATTACHED

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SUCCESS SKILLS: Affordable Solutions are Available for Your Child & Family! Manage Schoolwork and Discipline with Motivation and Achieving GOALS!

The **Success Skills** system by Shaker Training International helps you guide your child to achieve their full potential by giving them an easy yet effective method to:

1. Organise their time
2. Manage their studies with teachers, at home and become independent learners
3. Use their abilities to the maximum
4. Focus on performance, avoid anxiety and manage stress effectively
5. Work towards Exams without panic
6. Gain a positive mindset and attitude

BONUS! Preview a new SUCCESS SKILLS technology platform!

Success Skills also helps your children to be independent and create their own personal goals and career aspirations. This systematic approach integrates study skills with career guidance and motivates children to perform.

With this program, your children can focus on performance with confidence that their time is balanced for best results in school and life. Without added anxiety, you and your family can make progress with your activities as well as studies free from panic and worry. The **Success Skills** system is designed to bring lasting benefits over the years as your child progresses in life and education. Best suited for ages 11-17.

**PLAY THERAPY: Worry About Your Child's Behaviour?
Problems at School? Poor Results?
Learn About Play Therapy SOLUTIONS!**

Play Therapy gets highly effective results for children with:

- Hyperactivity
- Speech issues
- Behavioural issues
- Poor Grades
- Memory/ Attention issues
- Withdrawal/ Shyness/ Sensitivity/ Crying
- Learning delay etc.

Learn how this communicative therapeutic tool adopts both verbal and non-verbal methods for children and their parents to potentially receive **accelerated benefits** within 3 months or less. **Play Therapy** gives you the **understanding and tools** to successfully understand and provide for the unique needs of your child. **Play Therapy** is suitable not only for children but for adults as well.

"When our son was 7...He was very shy and did not want to speak a word to anyone. He felt scared and frustrated for not being able to communicate with others. He wanted to isolate himself from others and not take any contact. He did not know how to show his emotions...or how to get along with his new classmates or teachers. After he started play therapy...we have seen an enormous change in him...He has gained a lot more confidence, got new friends, overcome his fears and frustrations and seems to be so much happier than before. We...see how much... changed in such a little time and could not be more grateful for all the support...Thank you and do keep up the great work" Minna Kuikka and family

**Who should attend? Parents of Pre-Primary Children,
Parents of Primary and Secondary School students
and Family Members.**

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About Success Skills by Shaker Training International: Shekib Shaker, a specialist practitioner passionate about change and innovation, has been helping organisations develop practical improvement solutions to build capabilities and sustainably transform organisation cultures. He has been coaching, mentoring, consulting and training in industries that include hospitality, education, automotive, manufacturing, creative, finance, primary, not-for-profit, and local government. Drawing on 21 years experience in MNC product innovation and leading multinational teams based in Australia, China, Germany, India, Japan, Korea, Mexico, Spain, and US, Shaker delivers practical solutions for schools, children and parents via his in-depth knowledge of human behaviour. He helps students strengthen their leadership and innovation capabilities for better performance and stronger growth. Shaker has a double degree in Engineering (*Hons.*) and Applied Science from RMIT, Melbourne. He is a certified Executive Coach with International Coach Federation (ICF), Workplace Trainer and Trainer's Trainer. He has appeared as a speaker in forums in Australia and Asia, and as a guest lecturer at RMIT University. He has lived in 5 countries and is trilingual. His autobiography, *The Little Nomad*, documents the journey of an Afghan refugee boy to a double-degree graduate in Australia and was short-listed in Lord Mayor's Creative Writing Awards in Melbourne in 2011.

About Therapeutic Play Practitioner Rekha Nekar: Rekha Nekhar, MA Commerce, Diploma in Early Childhood and Care Education, Advanced Diploma in Psychology, is completing her Masters in Early Childhood and Care Education, Monash University and Graduate Diploma in Counselling Psychology, Singapore. She has been working with people in marketing before motherhood took her into education where she has specialised in Singapore after years in kindergarten teaching. Rekha is a Certified Therapeutic Play Practitioner, by Play Therapy International UK. She conducted her clinical training at the Canadian International School where she continued to practice for months afterwards to support parents and children for their behavioural difficulties. Her success rate has been 100% in terms of extending support to the family and school as a whole. She also works from home for adults and families. As every family deserves to be happy, Rekha aims to reach as many families in Singapore as possible to support the entire family by working with both children and parents.

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