



# THE INCREDIBLE YEARS PARENTING PROGRAM

The Incredible Years School-age Parent Program focuses on strengthening parent-child interactions and attachment, reducing harsh discipline and fostering parents' ability to promote children's social, emotional, and language development.

**Topics include:**

Session	Parenting Program Topics
1	Welcome & Introduction to Program / Parents' Goal-setting
2	Importance of Parental Attention and Special Time
3	Social, Emotion & Persistence Coaching (1 of 2)
4	Social, Emotion & Persistence Coaching (2 of 2)
5	Effective Praise and Encouragement
6	Using Tangible Reward Programs to Motivate Your Child
7	Rules, Responsibilities, and Routines
8	Predictable Learning Routines and Clear Limit Setting
9	Ignoring Misbehaviour
10	Time Out to Calm Down (1 of 2)
11	Time Out to Calm Down (2 of 2)
12	Other Consequences. Review & Graduation

Program Fee	Subsidized (Singaporean)	Subsidized (PR)	Private (Resident Foreigner)	Non-Resident
<b>IY School-Age Parenting Program</b>	<b>\$460.00</b>	<b>\$460.00</b>	<b>\$685.87</b>	<b>\$891.62</b>

- Upon registering interest for the Incredible Years Parenting Program, a bill will be sent to the mailing address, which can be paid for via AXS.
- Full payment must be made upfront, by the first session.
- A full refund will be given if the program is cancelled. Refund will not be given for participants who subsequently miss sessions.

**Location:** REACH (East) Office @ 5 Jalan Masjid, #01-07, Kembangan Court S(418924)

**Session Structure:** Twelve 2-hour sessions (group) every Saturday morning, 9.30am-11.30am beginning 1<sup>st</sup> July 2017 till 16<sup>th</sup> September 2017

**To register, or for more information, please contact:**

Ms Aerial Ang ([ang.aerial.mathilda@kkh.com.sg](mailto:ang.aerial.mathilda@kkh.com.sg)) or Mr Julian Lee ([Julian.lee.jl@kkh.com.sg](mailto:Julian.lee.jl@kkh.com.sg)), or call **6587 7396**